


# Maine Shared Community Health Needs Assessment County Summary: 2015


## Somerset County

November 2015

Maine Shared CHNA Health Indicators	Somerset	Trend	Maine	U.S.
<b>Demographics</b>				
Total Population	51,706		1,328,302	319 Mil
Population – % ages 0-17	20.3%		19.7%	23.3%
Population – % ages 18-64	61.5%		62.6%	62.6%
Population – % ages 65+	18.3%		17.7%	14.1%
Population – % White	97.0%		95.2%	77.7%
Population – % Black or African American	0.5%		1.4%	13.2%
Population – % American Indian and Alaska Native	0.5%		0.7%	1.2%
Population – % Asian	0.6%		1.1%	5.3%
Population – % Hispanic	1.0%		1.4%	17.1%
<b>Socioeconomic Status Measures</b>				
Individuals living in poverty	17.8%	NA	13.6%	15.4%
Children living in poverty	24.9%	NA	18.5%	21.6%
High school graduation rate	83.9%	NA	86.5%	81.0%
Unemployment rate	7.9%	NA	5.7%	6.2%
65+ living alone	36.3%	NA	41.2%	37.7%
<b>General Health Status</b>				
Adults who rate their health fair to poor	22.1%		15.6%	16.7%
Adults with 14+ days lost due to poor mental health	14.9%		12.4%	NA
Adults with 14+ days lost due to poor physical health	17.1%		13.1%	NA
Adults with three or more chronic conditions	32.5%		27.6%	NA
<b>Access</b>				
Adults with a usual primary care provider	85.5%		87.7%	76.6%
MaineCare enrollment	35.5%	NA	27.0%	23.0%
Percent uninsured	12.2%	NA	10.4%	11.7%
<b>Health Care Quality</b>				
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,665.2		1,499.3	1457.5
<b>Oral Health</b>				
Adults with visits to a dentist in the past 12 months	59.1%	NA	65.3%	67.2%
<b>Respiratory</b>				
Asthma emergency department visits per 10,000 population	101.2	+	67.3	NA
COPD hospitalizations per 100,000 population	246.8		216.3	NA
Current asthma (Adults)	14.4%		11.7%	9.0%
Current asthma (Youth 0-17)	12.1% <sup>†</sup>	NA	9.1%	NA
<b>Cancer</b>				
Mortality – all cancers per 100,000 population	204.9	NA	185.5	168.7
Mammograms females age 50+ in past two years	82.8%	NA	82.1%	77.0%
Colorectal screening	70.1%	NA	72.2%	NA
Pap smears females ages 21-65 in past three years	86.7%	NA	88.0%	78.0%
<b>Cardiovascular Disease</b>				
Hypertension prevalence	39.6%		32.8%	31.4%
High cholesterol	43.3%		40.3%	38.4%
<b>Diabetes</b>				
Diabetes prevalence (ever been told)	11.8%		9.6%	9.7%
Pre-diabetes prevalence	8.1% <sup>†</sup>		6.9%	NA
Adults with diabetes who have had an A1C test twice per year	NA	NA	73.2%	NA
<b>Environmental Health</b>				
Children with confirmed elevated blood lead levels (% among those screened)	2.4%	NA	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	9.1%	NA	4.2%	NA
Homes with private wells tested for arsenic	45.4%	NA	43.3%	NA

Maine Shared CHNA Health Indicators	Somerset	Trend	Maine	U.S.
<b>Immunization</b>				
Adults immunized annually for influenza	37.6%		41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	73.1%	NA	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	3.9%	NA	3.7%	NA
<b>Infectious Disease</b>				
Hepatitis B (acute) incidence per 100,000 population	0.0†	NA	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	2.0†	NA	2.3	0.7
Lyme disease incidence per 100,000 population	33.2†	NA	105.3	10.5
Pertussis incidence per 100,000 population	86.0	NA	41.9	10.3
<b>STD/HIV</b>				
Chlamydia incidence per 100,000 population	230.6	NA	265.5	452.2
Gonorrhea incidence per 100,000 population	9.8†	NA	17.8	109.8
<b>Intentional Injury</b>				
Nonfatal child maltreatment per 1,000 population	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	17.7	NA	15.2	12.6
<b>Unintentional Injury</b>				
Unintentional and undetermined intent poisoning deaths per 100,000 population	10.4	NA	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	470.7	NA	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	13.8	NA	10.8	10.5
<b>Mental Health</b>				
Adults who have ever had anxiety	21.8%		19.4%	NA
Adults who have ever had depression	26.5%		23.5%	18.7%
Co-morbidity for persons with mental illness	NA	NA	35.2%	NA
<b>Physical Activity, Nutrition and Weight</b>				
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	29.3%		22.4%	25.3%
Obesity (Adults)	33.8%		28.9%	29.4%
Obesity (High School Students)	16.9%		12.7%	13.7%
Overweight (Adults)	39.0%		36.0%	35.4%
Overweight (High School Students)	17.4%		16.0%	16.6%
<b>Pregnancy and Birth Outcomes</b>				
Infant deaths per 1,000 live births	7.5	NA	6.0	6.0
Live births for which the mother received early and adequate prenatal care	75.5%	NA	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	27.8	NA	20.5	26.5
Low birth weight (<2500 grams)	6.1%	NA	6.6%	8.0%
<b>Substance and Alcohol Abuse</b>				
Binge drinking of alcoholic beverages (Adults)	17.3%		17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	12.3%	NA	7.8%	NA
Past-30-day alcohol use (High School Students)	25.1%		26.0%	34.9%
Past-30-day marijuana use (High School Students)	21.6%		21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	2.5%†	NA	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	4.1%	+	5.6%	NA
<b>Tobacco Use</b>				
Current smoking (Adults)	26.1%		20.2%	19.0%
Current tobacco use (High School Students)	19.6%	NA	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

+ Indicates an improvement in the indicator over time at the county level (using a 95% confidence level)

– Indicates a worsening in the indicator over time at the county level (using a 95% confidence level)

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

NA = No data available